



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Bethge, Annette

Club: LC RON-HILL Berlin e.V.
Number: 664

Course: 42.35 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:28:48

Speed: 9.38 km/h
Running performance: 6:21 min/km

Rank in course/Total: 63 (of 111)

Rank in course/Women: 7 (of 22)

Best time in course: 3:40:55

Rank in category: 4(of 5)

Best time in the category: 3:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:12:21	6:14	5	17:11	18	17:11	11.60	1:12:21	6:14	4	17:11	17	3:55
Lap 2	18.60	1:58:07	6:21	4	20:54	7	20:54	30.20	3:10:28	6:18	4	38:05	17	0:46
Lap 3	2.50	16:40	6:40	4	2:14	6	2:14	32.70	3:27:08	6:20	4	39:43	17	
Last lap Finish	9.65	1:01:40	6:23	4	9:24	7	9:24	42.35	4:28:48	6:20	4	47:53	7	47:53