



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Schnapke, Ines

Club: T-Rex Team
Number: 636

Course: 42.35 km
Cross-Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 4:31:02

Speed: 9.30 km/h
Running performance: 6:24 min/km

Rank in course/Total: 65 (of 111)

Rank in course/Women: 8 (of 22)

Best time in course: 3:40:55

Rank in category: 2(of 8)

Best time in the category: 4:08:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:05:46	5:40	4	3:27	8	10:36	11.60	1:05:46	5:40	2	3:27	16	
Lap 2	18.60	2:02:13	6:34	4	12:31	12	25:00	30.20	3:07:59	6:13	2	15:58	16	
Lap 3	2.50	17:48	7:07	2	1:19	10	3:22	32.70	3:25:47	6:17	2	17:17	16	
Last lap Finish	9.65	1:05:15	6:45	3	5:41	10	12:59	42.35	4:31:02	6:23	2	22:58	8	50:07