



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Sekulla, Katrin

Club: Meckatzer Freunde Preussen
Number: 607

Course: 42.35 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:32:49

Speed: 9.24 km/h
Running performance: 6:26 min/km

Rank in course/Total: 70 (of 111)

Rank in course/Women: 10 (of 22)

Best time in course: 3:40:55

Rank in category: 5(of 5)

Best time in the category: 3:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:08:22	5:53	4	13:12	11	13:12	11.60	1:08:22	5:53	5	13:12	14	
Lap 2	18.60	2:03:26	6:38	5	26:13	15	26:13	30.20	3:11:48	6:21	5	39:25	14	2:06
Lap 3	2.50	17:35	7:01	5	3:09	9	3:09	32.70	3:29:23	6:24	5	41:58	14	1:34
Last lap Finish	9.65	1:03:26	6:34	5	11:10	8	11:10	42.35	4:32:49	6:26	5	51:54	10	51:54