



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Gerstmann, Silke

Club: LG Madlen
Number: 612

Course: 42.35 km
Cross-Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 4:37:04

Speed: 9.10 km/h
Running performance: 6:32 min/km

Rank in course/Total: 74 (of 111)
Rank in course/Women: 13 (of 22)
Best time in course: 3:40:55

Rank in category: 5(of 8)
Best time in the category: 4:08:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:03:47	5:29	2	1:28	5	8:37	11.60	1:03:47	5:29	5	1:28	11	
Lap 2	18.60	2:01:51	6:33	3	12:09	11	24:38	30.20	3:05:38	6:08	5	13:37	11	
Lap 3	2.50	18:06	7:14	5	1:37	13	3:40	32.70	3:23:44	6:13	5	15:14	11	
Last lap Finish	9.65	1:13:20	7:35	6	13:46	15	21:04	42.35	4:37:04	6:32	5	29:00	13	56:09