



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Abel, Ines

Club: Berlin
Number: 681

Course: 42.35 km
Cross-Marathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 5:51:00

Speed: 7.18 km/h
Running performance: 8:17 min/km

Rank in course/Total: 103 (of 111)

Rank in course/Women: 20 (of 22)

Best time in course: 3:40:55

Rank in category: 2(of 2)

Best time in the category: 4:57:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	11.60	1:19:51	6:53	2	9:35	20	24:41	11.60	1:19:51	6:53	2	9:35	4	11:25
Lap 2	18.60	2:40:55	8:39	2	28:33	20	1:03:42	30.20	4:00:46	7:58	2	38:08	4	51:04
Lap 3	2.50	25:13	10:05	2	4:22	22	10:47	32.70	4:25:59	8:08	2	42:30	4	58:10
Last lap Finish	9.65	1:25:01	8:48	2	11:13	21	32:45	42.35	5:51:00	8:17	2	53:43	20	2:10:05