



6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Abel, Detlev

Club: Berlin
Number: 680

Course: 42.35 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 5:51:01

Speed: 7.18 km/h
Running performance: 8:17 min/km

Rank in course/Total: 104 (of 111)

Rank in course/Men: 84 (of 89)

Best time in course: 2:56:00

Rank in category: 13(of 13)

Best time in the category: 3:03:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:24:01	7:14	13	35:14	88	38:18	11.60	1:24:01	7:14	13	35:14	28	24:49
Lap 2	18.60	2:36:42	8:25	13	1:15:27	84	1:19:54	30.20	4:00:43	7:58	13	1:50:41	27	1:07:04
Lap 3	2.50	25:14	10:05	13	13:02	85	13:51	32.70	4:25:57	8:07	13	2:03:43	27	1:13:45
Last lap Finish	9.65	1:25:04	8:48	12	43:30	79	46:03	42.35	5:51:01	8:17	13	2:47:13	84	2:55:01