



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Lieske, Steffen

Club: TUS Kochstedt
Number: 622

Course: 42.35 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:56:16

Speed: 7.07 km/h
Running performance: 8:25 min/km

Rank in course/Total: 106 (of 111)

Rank in course/Men: 85 (of 89)

Best time in course: 2:56:00

Rank in category: 23(of 25)

Best time in the category: 2:56:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:16:42	6:36	23	29:26	82	30:59	11.60	1:16:42	6:36	2	19:02	27	17:30
Lap 2	18.60	2:44:04	8:49	23	1:26:27	85	1:27:16	30.20	4:00:46	7:58	2	1:06:56	26	1:07:07
Lap 3	2.50	26:10	10:28	22	14:47	86	14:47	32.70	4:26:56	8:09	2	1:13:14	26	1:14:44
Last lap Finish	9.65	1:29:20	9:15	21	50:19	83	50:19	42.35	5:56:16	8:24	23	3:00:16	85	3:00:16