



6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Lies, Andreas

Club: MSV Tripoint Frankfurt (Oder)
Number: 619

Course: 42.35 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 6:20:37

Speed: 6.62 km/h
Running performance: 8:59 min/km

Rank in course/Total: 109 (of 111)

Rank in course/Men: 87 (of 89)

Best time in course: 2:56:00

Rank in category: 10(of 10)

Best time in the category: 3:53:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:23:37	7:12	10	31:41	87	37:54	11.60	1:23:37	7:12	10	29:47	25	24:25
Lap 2	18.60	2:48:42	9:04	10	1:13:41	87	1:31:54	30.20	4:12:19	8:21	10	1:43:28	24	1:18:40
Lap 3	2.50	24:46	9:54	10	9:26	84	13:23	32.70	4:37:05	8:28	10	1:50:26	24	1:24:53
Last lap Finish	9.65	1:43:32	10:43	10	47:17	87	1:04:31	42.35	6:20:37	8:59	10	2:26:54	87	3:24:37