



## 6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

### Detailed evaluation

Lies, Andreas

Club: MSV Tripoint Frankfurt (Oder)  
Number: 619

Course: 42.35 km  
Cross-Marathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 6:20:37

Speed: 6.62 km/h  
Running performance: 8:59 min/km

Rank in course/Total: 109 (of 111)

Rank in course/Men: 87 (of 89)

Best time in course: 2:56:00

Rank in category: 10(of 10)

Best time in the category: 3:53:43

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 11.60    | 1:23:37    | 7:12         | 10          | 31:41       | 87      | 37:54      | 11.60         | 1:23:37    | 7:12         | 10       | 29:47       | 25      | 24:25      |
| Lap 2              | 18.60    | 2:48:42    | 9:04         | 10          | 1:13:41     | 87      | 1:31:54    | 30.20         | 4:12:19    | 8:21         | 10       | 1:43:28     | 24      | 1:18:40    |
| Lap 3              | 2.50     | 24:46      | 9:54         | 10          | 9:26        | 84      | 13:23      | 32.70         | 4:37:05    | 8:28         | 10       | 1:50:26     | 24      | 1:24:53    |
| Last lap Finish    | 9.65     | 1:43:32    | 10:43        | 10          | 47:17       | 87      | 1:04:31    | 42.35         | 6:20:37    | 8:59         | 10       | 2:26:54     | 87      | 3:24:37    |