



## 11. Nordic Walking auf Luthers Spuren

Lutherstammort Möhra / 31.10.2012

### Detailed evaluation

Heyder, Franziska

Club: Erfurt  
Number: 443

Course: 11.00 km  
Fröbel Walk

Total time: 1:45:06

Speed: 6.28 km/h

metres in height up: 226  
Course score: 14.39

performance score: 91 Points