



11. Nordic Walking auf Luthers Spuren

Lutherstammort Möhra / 31.10.2012

Detailed evaluation

Blümel, Annerose

Club: Weimarer SV

Number: 450

Course: 11.00 km

Fröbel Walk

Total time: 1:25:41

Speed: 7.70 km/h

metres in height up: 226

Course score: 14.39

performance score: 111 Points