



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Hauch, Rainer

Club: LSV Basel
Number: 17

Course: 21.34 km
Halbmarathon

Category:
Männer M45

Total time: 1:36:37

Speed: 13.04 km/h
Running performance: 4:32 min/km

Rank in course/Total: 2 (of 44)

Rank in course/Men: 2 (of 34)

Best time in course: 1:33:28

Rank in category: 2(of 12)

Best time in the category: 1:33:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:12	4:24	7	1:03	14	1:03	0.50	2:12	4:24	3	1:03	22	0:33
Runde	3.47	18:24	5:18	4	4:23	8	4:23	3.97	20:36	5:11	3	5:26	22	1:22
Runde	3.47	15:33	4:28	2	1:02	2	1:02	7.44	36:09	4:51	3	6:28	22	
Runde	3.47	14:42	4:14	1	-	1	-	10.91	50:51	4:39	3	5:56	22	
Runde	3.47	14:40	4:13	1	-	1	-	14.38	1:05:31	4:33	3	4:55	22	
Runde	3.47	15:16	4:23	1	-	1	-	17.85	1:20:47	4:31	3	4:01	22	
Finish	3.47	15:50	4:33	1	-	1	-	21.34	1:36:37	4:31	2	3:09	2	3:09