



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Schmidt-Soltau, Peer

Club: 100 Marathon Club
Number: 49

Course: 42.18 km
Marathon

Category:
Männer M30

Total time: 4:09:07

Speed: 10.12 km/h
Running performance: 5:55 min/km

Rank in course/Total: 79 (of 305)

Rank in course/Men: 74 (of 271)

Best time in course: 3:01:21

Rank in category: 10(of 34)

Best time in the category: 3:01:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:49	3:38	13	0:39	101	0:40	0.50	1:49	3:38	18		93	
Runde	3.47	18:36	5:21	12	4:30	100	5:05	3.97	20:25	5:08	18		93	
Runde	3.47	20:01	5:46	19	5:22	137	5:47	7.44	40:26	5:26	18		91	
Runde	3.47	19:34	5:38	15	4:48	104	16:25	10.91	1:00:00	5:29	18		90	
Runde	3.47	19:06	5:30	15	4:09	90	4:45	14.38	1:19:06	5:30	18		88	
Runde	3.47	19:18	5:33	13	4:23	83	4:53	17.85	1:38:24	5:30	18		87	4:22
Runde	3.47	19:31	5:37	11	4:33	69	4:56	21.32	1:57:55	5:31	18		86	30:47
Runde	3.47	20:37	5:56	12	6:05	79	6:05	24.79	2:18:32	5:35	18		86	36:29
Runde	3.47	20:53	6:01	11	6:28	71	6:28	28.26	2:39:25	5:38	18		81	42:08
Runde	3.47	21:27	6:10	9	6:28	67	6:28	31.73	3:00:52	5:42	18		79	47:21
Runde	3.47	23:03	6:38	10	7:36	85	7:36	35.20	3:23:55	5:47	18		75	49:45
Runde	3.47	22:48	6:34	8	6:34	65	6:56	38.67	3:46:43	5:51	18		74	1:01:35
Finish	3.47	22:24	6:27	9	6:11	80	6:48	42.18	4:09:07	5:54	10	1:07:46	74	1:07:46