



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Wurschi, Frank

Club: kfo-weimar
Number: 291

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 4:11:03

Speed: 10.04 km/h
Running performance: 5:57 min/km

Rank in course/Total: 83 (of 305)

Rank in course/Men: 78 (of 271)

Best time in course: 3:01:21

Rank in category: 20(of 57)

Best time in the category: 3:07:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:52	3:44	25	0:43	111	0:43	0.50	1:52	3:44	55		64	
Runde	3.47	19:52	5:43	38	6:21	153	6:21	3.97	21:44	5:28	55	0:03	97	
Runde	3.47	20:20	5:51	38	6:04	158	6:06	7.44	42:04	5:39	53	1:44	95	
Runde	3.47	19:33	5:38	27	16:24	103	16:24	10.91	1:01:37	5:38	53	2:02	94	
Runde	3.47	20:06	5:47	28	5:14	116	5:45	14.38	1:21:43	5:40	53	2:27	92	
Runde	3.47	20:37	5:56	30	5:49	128	6:12	17.85	1:42:20	5:43	52	2:27	91	8:18
Runde	3.47	21:03	6:03	28	6:07	126	6:28	21.32	2:03:23	5:47	52	1:55	90	36:15
Runde	3.47	21:11	6:06	25	6:01	101	6:39	24.79	2:24:34	5:49	52		90	42:31
Runde	3.47	21:12	6:06	18	5:22	78	6:47	28.26	2:45:46	5:51	47		85	48:29
Runde	3.47	20:51	6:00	16	4:37	56	5:52	31.73	3:06:37	5:52	47		83	53:06
Runde	3.47	21:07	6:05	16	4:25	46	5:40	35.20	3:27:44	5:54	46		79	53:34
Runde	3.47	22:02	6:20	15	4:45	56	6:10	38.67	3:49:46	5:56	46		78	1:04:38
Finish	3.47	21:17	6:08	12	3:52	55	5:41	42.18	4:11:03	5:57	20	1:04:00	78	1:09:42