



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Frielingsdorf, Tobias

Club: CaBas CaBaNauTeN
Number: 205

Course: 21.34 km
Halbmarathon

Category:
Männer M20

Total time: 2:02:56

Speed: 10.25 km/h
Running performance: 5:46 min/km

Rank in course/Total: 7 (of 44)

Rank in course/Men: 7 (of 34)

Best time in course: 1:33:28

Rank in category: 2(of 2)

Best time in the category: 1:42:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	3:08	6:15	2	1:45	33	1:59	0.50	3:08	6:15	2	1:45	24	1:29
Runde	3.47	19:49	5:42	2	4:17	12	5:48	3.97	22:57	5:46	2	6:02	24	3:43
Runde	3.47	19:08	5:30	2	3:08	8	4:37	7.44	42:05	5:39	2	9:10	24	4:16
Runde	3.47	19:57	5:44	2	2:46	9	5:15	10.91	1:02:02	5:41	2	11:56	24	4:51
Runde	3.47	19:50	5:42	2	2:16	8	5:10	14.38	1:21:52	5:41	2	14:12	24	5:00
Runde	3.47	20:17	5:50	2	2:11	7	5:01	17.85	1:42:09	5:43	2	16:23	24	4:04
Finish	3.47	20:47	5:59	2	3:48	7	4:57	21.34	2:02:56	5:45	2	20:11	7	29:28