



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Frielingsdorf, Tobias

Club: CaBas CaBaNauTeN
Number: 205

Course: 21.34 km
Halbmarathon

Category:
Männer M20

Total time: 2:02:56

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 7 (of 44)

Rank in course/Men: 7 (of 34)

Best time in course: 1:33:28

Rank in category: 2(of 2)

Best time in the category: 1:42:45

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 0.50 | 3:08 | 6:15 | 2 | 1:45 | 33 | 1:59 | 0.50 | 3:08 | 6:15 | 2 | 1:45 | 24 | 1:29 |
| Runde | 3.47 | 19:49 | 5:42 | 2 | 4:17 | 12 | 5:48 | 3.97 | 22:57 | 5:46 | 2 | 6:02 | 24 | 3:43 |
| Runde | 3.47 | 19:08 | 5:30 | 2 | 3:08 | 8 | 4:37 | 7.44 | 42:05 | 5:39 | 2 | 9:10 | 24 | 4:16 |
| Runde | 3.47 | 19:57 | 5:44 | 2 | 2:46 | 9 | 5:15 | 10.91 | 1:02:02 | 5:41 | 2 | 11:56 | 24 | 4:51 |
| Runde | 3.47 | 19:50 | 5:42 | 2 | 2:16 | 8 | 5:10 | 14.38 | 1:21:52 | 5:41 | 2 | 14:12 | 24 | 5:00 |
| Runde | 3.47 | 20:17 | 5:50 | 2 | 2:11 | 7 | 5:01 | 17.85 | 1:42:09 | 5:43 | 2 | 16:23 | 24 | 4:04 |
| Finish | 3.47 | 20:47 | 5:59 | 2 | 3:48 | 7 | 4:57 | 21.34 | 2:02:56 | 5:45 | 2 | 20:11 | 7 | 29:28 |