



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Bothe, Holger

Club: Botenläufer e. V.
Number: 297

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 4:11:52

Speed: 10.05 km/h
Running performance: 5:58 min/km

Rank in course/Total: 86 (of 305)

Rank in course/Men: 81 (of 271)

Best time in course: 3:01:21

Rank in category: 21(of 57)

Best time in the category: 3:07:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:25	2:50	8	0:16	36	0:16	0.50	1:25	2:50	56		37	
Runde	3.47	17:04	4:55	14	3:33	51	3:33	3.97	18:29	4:39	56		99	
Runde	3.47	18:19	5:16	20	4:03	77	4:05	7.44	36:48	4:56	54		97	
Runde	3.47	19:01	5:28	23	15:52	86	15:52	10.91	55:49	5:06	54		96	
Runde	3.47	18:49	5:25	22	3:57	78	4:28	14.38	1:14:38	5:11	54		94	
Runde	3.47	19:13	5:32	20	4:25	78	4:48	17.85	1:33:51	5:15	53		93	
Runde	3.47	19:23	5:35	17	4:27	66	4:48	21.32	1:53:14	5:18	53		92	26:06
Runde	3.47	20:13	5:49	17	5:03	71	5:41	24.79	2:13:27	5:22	53		92	31:24
Runde	3.47	21:19	6:08	20	5:29	82	6:54	28.26	2:34:46	5:28	48		87	37:29
Runde	3.47	22:38	6:31	22	6:24	104	7:39	31.73	2:57:24	5:35	48		85	43:53
Runde	3.47	24:20	7:00	29	7:38	131	8:53	35.20	3:21:44	5:43	47		81	47:34
Runde	3.47	25:32	7:21	29	8:15	140	9:40	38.67	3:47:16	5:52	47		80	1:02:08
Finish	3.47	24:36	7:05	26	7:11	128	9:00	42.18	4:11:52	5:58	21	1:04:49	81	1:10:31