



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Neumann, Rainer

Club: TSG Wixhausen
Number: 303

Course: 42.18 km
Marathon

Category:
Männer M55

Total time: 4:15:38

Speed: 9.86 km/h
Running performance: 6:04 min/km

Rank in course/Total: 98 (of 305)

Rank in course/Men: 92 (of 271)

Best time in course: 3:01:21

Rank in category: 5(of 12)

Best time in the category: 3:17:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:05	4:10	7	0:50	161	0:56	0.50	2:05	4:10	5	0:50	75	
Runde	3.47	20:24	5:52	7	5:11	184	6:53	3.97	22:29	5:39	5	6:01	112	
Runde	3.47	19:37	5:39	4	4:11	120	5:23	7.44	42:06	5:39	5	10:12	110	
Runde	3.47	19:26	5:36	3	3:36	101	16:17	10.91	1:01:32	5:38	5	13:48	109	
Runde	3.47	19:24	5:35	3	3:13	96	5:03	14.38	1:20:56	5:37	5	17:01	107	
Runde	3.47	19:50	5:42	4	3:36	98	5:25	17.85	1:40:46	5:38	5	20:37	92	6:44
Runde	3.47	20:03	5:46	3	3:35	90	5:28	21.32	2:00:49	5:40	5	24:12	105	33:41
Runde	3.47	21:05	6:04	4	4:29	96	6:33	24.79	2:21:54	5:43	5	28:41	105	39:51
Runde	3.47	21:41	6:14	5	4:38	92	7:16	28.26	2:43:35	5:47	5	33:19	100	46:18
Runde	3.47	22:00	6:20	3	4:51	79	7:01	31.73	3:05:35	5:50	5	38:10	98	52:04
Runde	3.47	22:20	6:26	3	4:50	67	6:53	35.20	3:27:55	5:54	5	43:00	94	53:45
Runde	3.47	23:38	6:48	4	7:13	86	7:46	38.67	3:51:33	5:59	5	50:13	93	1:06:25
Finish	3.47	24:05	6:56	6	7:29	113	8:29	42.18	4:15:38	6:03	5	57:42	92	1:14:17