



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

motzkus, steffen

Club: Wolfen  
Number: 358

Course: 42.18 km  
Marathon

Category:  
Männer M30

Total time: 4:16:39

Speed: 9.82 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 101 (of 305)

Rank in course/Men: 95 (of 271)

Best time in course: 3:01:21

Rank in category: 13(of 34)

Best time in the category: 3:01:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Runde	0.50	2:07	4:14	22	0:57	170	0:58	0.50	2:07	4:14	31		105	
Runde	3.47	19:19	5:34	16	5:13	125	5:48	3.97	21:26	5:23	31		115	
Runde	3.47	19:02	5:29	14	4:23	102	4:48	7.44	40:28	5:26	31		113	
Runde	3.47	20:01	5:46	21	5:15	133	16:52	10.91	1:00:29	5:32	31		112	
Runde	3.47	19:36	5:38	17	4:39	102	5:15	14.38	1:20:05	5:34	31		110	
Runde	3.47	19:57	5:44	17	5:02	104	5:32	17.85	1:40:02	5:36	31		109	6:00
Runde	3.47	21:38	6:14	21	6:40	144	7:03	21.32	2:01:40	5:42	31		108	34:32
Runde	3.47	21:08	6:05	14	6:36	99	6:36	24.79	2:22:48	5:45	31		108	40:45
Runde	3.47	21:51	6:17	14	7:26	100	7:26	28.26	2:44:39	5:49	31		103	47:22
Runde	3.47	22:21	6:26	13	7:22	92	7:22	31.73	3:07:00	5:53	31		101	53:29
Runde	3.47	24:41	7:06	17	9:14	136	9:14	35.20	3:31:41	6:00	31		97	57:31
Runde	3.47	22:56	6:36	9	6:42	69	7:04	38.67	3:54:37	6:04	31		96	1:09:29
Finish	3.47	22:02	6:20	7	5:49	71	6:26	42.18	4:16:39	6:05	13	1:15:18	95	1:15:18