



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Müller, Alexandra

Club: LC Olympia Wiesbaden
Number: 215

Course: 42.18 km
Marathon

Category:
Frauen W35

Total time: 4:21:08

Speed: 9.65 km/h
Running performance: 6:11 min/km

Rank in course/Total: 114 (of 305)

Rank in course/Women: 8 (of 34)

Best time in course: 3:41:58

Rank in category: 4(of 9)

Best time in the category: 3:48:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	2:05	4:10	5	0:33	17	0:51	0.50	2:05	4:10	6			28
Runde	3.47	19:54	5:44	5	2:51	11	2:51	3.97	21:59	5:32	6			28
Runde	3.47	19:54	5:44	5	19:36	10	19:36	7.44	41:53	5:37	6			28
Runde	3.47	19:37	5:39	5	18:54	9	18:54	10.91	1:01:30	5:38	6	15:47		28
Runde	3.47	20:14	5:49	5	19:18	11	19:18	14.38	1:21:44	5:41	6	35:05		28
Runde	3.47	20:42	5:57	4	2:21	8	2:39	17.85	1:42:26	5:44	5			25
Runde	3.47	21:03	6:03	4	2:23	7	2:31	21.32	2:03:29	5:47	5			25
Runde	3.47	21:34	6:12	4	3:16	6	3:16	24.79	2:25:03	5:51	5			25
Runde	3.47	22:04	6:21	4	3:11	6	3:16	28.26	2:47:07	5:54	4	17:45		25
Runde	3.47	23:04	6:38	4	3:26	7	4:18	31.73	3:10:11	5:59	4	21:11		25
Runde	3.47	23:31	6:46	4	3:18	8	4:23	35.20	3:33:42	6:04	4	24:25		25
Runde	3.47	23:54	6:53	4	3:40	7	5:05	38.67	3:57:36	6:08	4	28:02		25
Finish	3.47	23:32	6:46	4	4:42	12	23:05	42.18	4:21:08	6:11	4	32:44	8	39:10