



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Niemeyer, Jens

Club: LC BlueLiner
Number: 118

Course: 21.34 km
Halbmarathon

Category:
Männer M45

Total time: 2:13:29

Speed: 9.44 km/h
Running performance: 6:15 min/km

Rank in course/Total: 11 (of 44)

Rank in course/Men: 11 (of 34)

Best time in course: 1:33:28

Rank in category: 5(of 12)

Best time in the category: 1:33:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:57	3:53	4	0:48	10	0:48	0.50	1:57	3:53	5	0:48	28	0:18
Runde	3.47	18:54	5:26	5	4:53	9	4:53	3.97	20:51	5:15	5	5:41	28	1:37
Runde	3.47	22:10	6:23	9	7:39	24	7:39	7.44	43:01	5:46	5	13:20	28	5:12
Runde	3.47	22:29	6:28	8	7:47	20	7:47	10.91	1:05:30	6:00	5	20:35	28	8:19
Runde	3.47	21:48	6:16	4	7:08	11	7:08	14.38	1:27:18	6:04	5	26:42	28	10:26
Runde	3.47	22:46	6:33	4	7:30	11	7:30	17.85	1:50:04	6:09	5	33:18	28	11:59
Finish	3.47	23:25	6:44	4	7:35	9	7:35	21.34	2:13:29	6:15	5	40:01	11	40:01