



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Emerson, Avni

Club: keep on running SZ
Number: 41

Course: 42.18 km
Marathon

Category:
Männer M30

Total time: 4:29:40

Speed: 9.34 km/h
Running performance: 6:23 min/km

Rank in course/Total: 147 (of 305)

Rank in course/Men: 137 (of 271)

Best time in course: 3:01:21

Rank in category: 22(of 34)

Best time in the category: 3:01:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:31	5:01	33	1:21	235	1:22	0.50	2:31	5:01	6		1	-
Runde	3.47	19:30	5:37	17	5:24	134	5:59	3.97	22:01	5:32	6		104	
Runde	3.47	19:34	5:38	17	4:55	117	5:20	7.44	41:35	5:35	6		156	
Runde	3.47	19:36	5:38	16	4:50	107	16:27	10.91	1:01:11	5:36	6		155	
Runde	3.47	20:27	5:53	21	5:30	136	6:06	14.38	1:21:38	5:40	6		153	
Runde	3.47	20:44	5:58	21	5:49	135	6:19	17.85	1:42:22	5:44	6		152	8:20
Runde	3.47	21:24	6:10	20	6:26	137	6:49	21.32	2:03:46	5:48	6		151	36:38
Runde	3.47	22:48	6:34	25	8:16	167	8:16	24.79	2:26:34	5:54	6		151	44:31
Runde	3.47	23:33	6:47	24	9:08	158	9:08	28.26	2:50:07	6:01	6		146	52:50
Runde	3.47	24:24	7:01	26	9:25	155	9:25	31.73	3:14:31	6:07	6		144	1:01:00
Runde	3.47	25:06	7:14	21	9:39	151	9:39	35.20	3:39:37	6:14	6		140	1:05:27
Runde	3.47	25:56	7:28	21	9:42	152	10:04	38.67	4:05:33	6:20	6		139	1:20:25
Finish	3.47	24:07	6:57	14	7:54	114	8:31	42.18	4:29:40	6:23	22	1:28:19	137	1:28:19