



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Bechler, Ralf

Club: Rennsteiglaufverein
Number: 44

Course: 21.34 km
Halbmarathon

Category:
Männer M45

Total time: 2:14:23

Speed: 9.38 km/h
Running performance: 6:18 min/km

Rank in course/Total: 14 (of 44)

Rank in course/Men: 14 (of 34)

Best time in course: 1:33:28

Rank in category: 7(of 12)

Best time in the category: 1:33:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:19	4:38	9	1:10	21	1:10	0.50	2:19	4:38	7	1:10	31	0:40
Runde	3.47	21:59	6:20	10	7:58	26	7:58	3.97	24:18	6:07	7	9:08	31	5:04
Runde	3.47	20:19	5:51	6	5:48	12	5:48	7.44	44:37	5:59	7	14:56	31	6:48
Runde	3.47	20:25	5:53	4	5:43	11	5:43	10.91	1:05:02	5:57	7	20:07	31	7:51
Runde	3.47	21:54	6:18	5	7:14	12	7:14	14.38	1:26:56	6:02	7	26:20	31	10:04
Runde	3.47	23:00	6:37	6	7:44	14	7:44	17.85	1:49:56	6:09	7	33:10	31	11:51
Finish	3.47	24:27	7:02	6	8:37	15	8:37	21.34	2:14:23	6:17	7	40:55	14	40:55