



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Specht, Sven

Club: VDES
Number: 66

Course: 42.18 km
Marathon

Category:
Männer M30

Total time: 4:39:39

Speed: 9.01 km/h
Running performance: 6:38 min/km

Rank in course/Total: 184 (of 305)

Rank in course/Men: 171 (of 271)

Best time in course: 3:01:21

Rank in category: 26(of 34)

Best time in the category: 3:01:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:52	5:44	34	1:42	267	1:43	0.50	2:52	5:44	1	-	188	0:21
Runde	3.47	21:05	6:04	26	6:59	202	7:34	3.97	23:57	6:01	1	-	192	
Runde	3.47	21:14	6:07	27	6:35	193	7:00	7.44	45:11	6:04	1	-	190	0:37
Runde	3.47	21:14	6:07	26	6:28	180	18:05	10.91	1:06:25	6:05	1	-	189	
Runde	3.47	21:35	6:13	26	6:38	172	7:14	14.38	1:28:00	6:07	1	-	187	
Runde	3.47	22:08	6:22	29	7:13	187	7:43	17.85	1:50:08	6:10	1	-	186	16:06
Runde	3.47	21:59	6:20	26	7:01	163	7:24	21.32	2:12:07	6:11	1	-	185	44:59
Runde	3.47	21:48	6:16	18	7:16	120	7:16	24.79	2:33:55	6:12	1	-	185	51:52
Runde	3.47	23:25	6:44	23	9:00	152	9:00	28.26	2:57:20	6:16	1	-	180	1:00:03
Runde	3.47	26:24	7:36	29	11:25	199	11:25	31.73	3:23:44	6:25	1	-	178	1:10:13
Runde	3.47	25:50	7:26	23	10:23	166	10:23	35.20	3:49:34	6:31	1	-	173	1:15:24
Runde	3.47	26:02	7:30	22	9:48	155	10:10	38.67	4:15:36	6:36	1	-	172	1:30:28
Finish	3.47	24:03	6:55	13	7:50	112	8:27	42.18	4:39:39	6:37	26	1:38:18	171	1:38:18