



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

Richter, Christian

Club: Düsseldorf  
Number: 85

Course: 42.18 km  
Marathon

Category:  
Männer M30

Total time: 4:50:03

Speed: 8.69 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 214 (of 305)

Rank in course/Men: 196 (of 271)

Best time in course: 3:01:21

Rank in category: 29(of 34)

Best time in the category: 3:01:21

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde              | 0.50     | 1:59       | 3:58         | 17          | 0:49        | 132     | 0:50       | 0.50          | 1:59       | 3:58         | 13       |             | 9       |            |
| Runde              | 3.47     | 20:21      | 5:51         | 24          | 6:15        | 177     | 6:50       | 3.97          | 22:20      | 5:37         | 13       |             | 217     |            |
| Runde              | 3.47     | 21:05      | 6:04         | 26          | 6:26        | 188     | 6:51       | 7.44          | 43:25      | 5:50         | 13       |             | 215     |            |
| Runde              | 3.47     | 20:38      | 5:56         | 25          | 5:52        | 162     | 17:29      | 10.91         | 1:04:03    | 5:52         | 13       |             | 214     |            |
| Runde              | 3.47     | 20:54      | 6:01         | 24          | 5:57        | 156     | 6:33       | 14.38         | 1:24:57    | 5:54         | 13       |             | 212     |            |
| Runde              | 3.47     | 21:15      | 6:07         | 25          | 6:20        | 156     | 6:50       | 17.85         | 1:46:12    | 5:56         | 13       |             | 211     | 12:10      |
| Runde              | 3.47     | 22:14      | 6:24         | 27          | 7:16        | 171     | 7:39       | 21.32         | 2:08:26    | 6:01         | 13       |             | 210     | 41:18      |
| Runde              | 3.47     | 23:13      | 6:41         | 28          | 8:41        | 184     | 8:41       | 24.79         | 2:31:39    | 6:07         | 13       |             | 210     | 49:36      |
| Runde              | 3.47     | 25:18      | 7:17         | 30          | 10:53       | 206     | 10:53      | 28.26         | 2:56:57    | 6:15         | 13       |             | 205     | 59:40      |
| Runde              | 3.47     | 28:04      | 8:05         | 30          | 13:05       | 220     | 13:05      | 31.73         | 3:25:01    | 6:27         | 13       | 1:17        | 203     | 1:11:30    |
| Runde              | 3.47     | 28:55      | 8:20         | 30          | 13:28       | 214     | 13:28      | 35.20         | 3:53:56    | 6:38         | 13       | 4:22        | 198     | 1:19:46    |
| Runde              | 3.47     | 29:00      | 8:21         | 31          | 12:46       | 209     | 13:08      | 38.67         | 4:22:56    | 6:47         | 13       | 7:20        | 197     | 1:37:48    |
| Finish             | 3.47     | 27:07      | 7:48         | 24          | 10:54       | 181     | 11:31      | 42.18         | 4:50:03    | 6:52         | 29       | 1:48:42     | 196     | 1:48:42    |