



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Matthiesen, Claudia

Club: Köln
Number: 393

Course: 21.34 km
Halbmarathon

Category:
Frauen W40

Total time: 2:20:36

Speed: 8.96 km/h
Running performance: 6:35 min/km

Rank in course/Total: 21 (of 44)
Rank in course/Women: 1 (of 10)
Best time in course: 2:20:36

Rank in category: 1(of 2)
Best time in the category: 2:20:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	1:55	3:50	1	-	2	0:07	0.50	1:55	3:50	1	-	1	-
Runde	3.47	22:25	6:27	1	-	4	2:01	3.97	24:20	6:07	1	-	1	-
Runde	3.47	22:53	6:35	1	-	5	2:15	7.44	47:13	6:20	1	-	1	-
Runde	3.47	23:10	6:40	1	-	5	0:55	10.91	1:10:23	6:27	1	-	1	-
Runde	3.47	23:42	6:49	1	-	1	-	14.38	1:34:05	6:32	1	-	1	-
Runde	3.47	23:12	6:41	1	-	2	0:24	17.85	1:57:17	6:34	1	-	1	-
Finish	3.47	23:19	6:43	1	-	1	-	21.34	2:20:36	6:35	1	-	1	-