



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Krutzsch, Cindy

Club: CaBas CaBaNauTeN
Number: 14

Course: 42.18 km
Marathon

Category:
Frauen W30

Total time: 5:07:08

Speed: 8.20 km/h
Running performance: 7:17 min/km

Rank in course/Total: 242 (of 305)

Rank in course/Women: 25 (of 34)

Best time in course: 3:41:58

Rank in category: 6(of 6)

Best time in the category: 4:14:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	1:46	3:31	2	0:17	11	0:32	0.50	1:46	3:31	6			12
Runde	3.47	21:52	6:18	5	1:51	23	4:49	3.97	23:38	5:57	6	1:26		12
Runde	3.47	23:34	6:47	6	4:11	28	23:16	7.44	47:12	6:20	6	5:37		3
Runde	3.47	23:31	6:46	6	4:27	24	22:48	10.91	1:10:43	6:28	6	10:04		3
Runde	3.47	23:17	6:42	6	4:30	24	22:21	14.38	1:34:00	6:32	6	14:34		12
Runde	3.47	26:00	7:29	6	6:45	32	7:57	17.85	2:00:00	6:43	6	21:19		12
Runde	3.47	27:46	8:00	6	7:35	32	9:14	21.32	2:27:46	6:55	6	28:54		12
Runde	3.47	30:16	8:43	6	9:06	31	11:58	24.79	2:58:02	7:10	6	38:00		12
Runde	3.47	30:13	8:42	6	8:34	31	11:25	28.26	3:28:15	7:22	6	46:34	7	23:25
Runde	3.47	26:28	7:37	5	4:39	23	7:42	31.73	3:54:43	7:23	6	51:13	7	24:54
Runde	3.47	23:48	6:51	3	0:48	9	4:40	35.20	4:18:31	7:20	6	52:01	7	22:08
Runde	3.47	24:25	7:02	3	1:13	10	5:36	38.67	4:42:56	7:18	6	52:09	7	21:01
Finish	3.47	24:12	6:58	3	2:21	14	23:45	42.18	5:07:08	7:16	6	52:56	25	1:25:10