



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

König, Uwe

Club: Kamen
Number: 43

Course: 42.18 km
Marathon

Category:
Männer M50

Total time: 5:15:00

Speed: 8.00 km/h
Running performance: 7:28 min/km

Rank in course/Total: 251 (of 305)

Rank in course/Men: 225 (of 271)

Best time in course: 3:01:21

Rank in category: 41(of 47)

Best time in the category: 3:13:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:24	4:47	32	1:13	217	1:15	0.50	2:24	4:47	13	0:26	150	
Runde	3.47	21:21	6:09	33	6:15	211	7:50	3.97	23:45	5:58	22	3:13	246	
Runde	3.47	21:48	6:16	35	6:58	212	7:34	7.44	45:33	6:07	21	4:29	244	0:59
Runde	3.47	22:25	6:27	39	7:28	218	19:16	10.91	1:07:58	6:13	21	5:31	243	0:04
Runde	3.47	23:30	6:46	39	8:23	232	9:09	14.38	1:31:28	6:21	21	6:48	241	
Runde	3.47	24:31	7:03	42	9:03	236	10:06	17.85	1:55:59	6:29	21	8:40	240	21:57
Runde	3.47	25:59	7:29	44	10:33	244	11:24	21.32	2:21:58	6:39	21	11:01	239	54:50
Runde	3.47	28:24	8:11	44	12:57	248	13:52	24.79	2:50:22	6:52	21	15:20	239	1:08:19
Runde	3.47	27:24	7:53	41	11:29	229	12:59	28.26	3:17:46	6:59	20	17:17	234	1:20:29
Runde	3.47	28:40	8:15	42	12:17	227	13:41	31.73	3:46:26	7:08	20	20:33	232	1:32:55
Runde	3.47	30:21	8:44	40	13:21	226	14:54	35.20	4:16:47	7:17	20	24:30	227	1:42:37
Runde	3.47	30:00	8:38	41	12:14	222	14:08	38.67	4:46:47	7:24	20	28:27	226	2:01:39
Finish	3.47	28:13	8:07	39	9:44	199	12:37	42.18	5:15:00	7:28	41	2:01:45	225	2:13:39