



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Berben, Lut

Club: LSV Basel
Number: 245

Course: 21.34 km
Halbmarathon

Category:
Frauen W30

Total time: 2:22:51

Speed: 8.82 km/h
Running performance: 6:41 min/km

Rank in course/Total: 24 (of 44)

Rank in course/Women: 2 (of 10)

Best time in course: 2:20:36

Rank in category: 1(of 2)

Best time in the category: 2:22:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	2:15	4:30	2	0:18	7	0:27	0.50	2:15	4:30	1	-	2	0:20
Runde	3.47	21:01	6:03	2	0:37	3	0:37	3.97	23:16	5:51	1	-	2	
Runde	3.47	21:15	6:07	2	0:37	2	0:37	7.44	44:31	5:59	1	-	2	
Runde	3.47	22:36	6:30	1	-	3	0:21	10.91	1:07:07	6:09	1	-	2	
Runde	3.47	24:03	6:55	1	-	2	0:21	14.38	1:31:10	6:20	1	-	2	
Runde	3.47	25:06	7:14	1	-	4	2:18	17.85	1:56:16	6:30	1	-	2	
Finish	3.47	26:35	7:39	1	-	5	3:16	21.34	2:22:51	6:41	1	-	2	2:15