



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

charton, dominique

Club: team dom trotter
Number: 164

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 5:27:14

Speed: 7.73 km/h
Running performance: 7:46 min/km

Rank in course/Total: 264 (of 305)

Rank in course/Men: 236 (of 271)

Best time in course: 3:01:21

Rank in category: 50(of 57)

Best time in the category: 3:07:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:11	4:21	40	1:02	178	1:02	0.50	2:11	4:21	5		114	
Runde	3.47	21:16	6:07	50	7:45	208	7:45	3.97	23:27	5:54	28	1:46	143	
Runde	3.47	22:29	6:28	50	8:13	231	8:15	7.44	45:56	6:10	27	5:36	255	1:22
Runde	3.47	22:38	6:31	50	19:29	224	19:29	10.91	1:08:34	6:17	27	8:59	254	0:40
Runde	3.47	24:01	6:55	53	9:09	242	9:40	14.38	1:32:35	6:26	27	13:19	252	
Runde	3.47	25:10	7:15	52	10:22	244	10:45	17.85	1:57:45	6:35	27	17:52	251	23:43
Runde	3.47	26:56	7:45	52	12:00	252	12:21	21.32	2:24:41	6:47	27	23:13	250	57:33
Runde	3.47	29:03	8:22	53	13:53	253	14:31	24.79	2:53:44	7:00	27	29:05	250	1:11:41
Runde	3.47	30:02	8:39	51	14:12	248	15:37	28.26	3:23:46	7:12	25	22:16	245	1:26:29
Runde	3.47	31:01	8:56	51	14:47	244	16:02	31.73	3:54:47	7:23	25	27:19	243	1:41:16
Runde	3.47	30:12	8:42	48	13:30	224	14:45	35.20	4:24:59	7:31	25	31:43	238	1:50:49
Runde	3.47	29:34	8:31	43	12:17	218	13:42	38.67	4:54:33	7:37	25	35:24	237	2:09:25
Finish	3.47	32:41	9:25	46	15:16	232	17:05	42.18	5:27:14	7:45	50	2:20:11	236	2:25:53