



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Schwuchow, Romy

Club: Ergolding
Number: 284

Course: 21.34 km
Halbmarathon

Category:
Frauen W50

Total time: 2:23:21

Speed: 8.79 km/h
Running performance: 6:43 min/km

Rank in course/Total: 26 (of 44)
Rank in course/Women: 3 (of 10)
Best time in course: 2:20:36

Rank in category: 1(of 2)
Best time in the category: 2:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	1:48	3:36	1	-	1	-	0.50	1:48	3:36	1	-	3	
Runde	3.47	20:42	5:57	1	-	2	0:18	3.97	22:30	5:40	1	-	3	
Runde	3.47	22:11	6:23	1	-	3	1:33	7.44	44:41	6:00	1	-	3	
Runde	3.47	23:08	6:39	1	-	4	0:53	10.91	1:07:49	6:12	1	-	3	
Runde	3.47	24:39	7:06	1	-	3	0:57	14.38	1:32:28	6:25	1	-	3	
Runde	3.47	25:03	7:13	1	-	3	2:15	17.85	1:57:31	6:35	1	-	3	0:14
Finish	3.47	25:50	7:26	1	-	3	2:31	21.34	2:23:21	6:43	1	-	3	2:45