



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Wieczorek, Alba

Club: Dortmund
Number: 80

Course: 21.34 km
Halbmarathon

Category:
Frauen W35

Total time: 2:52:43

Speed: 7.30 km/h
Running performance: 8:05 min/km

Rank in course/Total: 41 (of 44)

Rank in course/Women: 9 (of 10)

Best time in course: 2:20:36

Rank in category: 2(of 2)

Best time in the category: 2:52:00

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	0.50	2:11	4:21	1	-	6	0:23	0.50	2:11	4:21	2		9	0:16
Runde	3.47	24:40	7:06	2	0:13	8	4:16	3.97	26:51	6:45	2	0:08	9	2:31
Runde	3.47	26:47	7:43	2	0:13	10	6:09	7.44	53:38	7:12	2	0:21	9	6:25
Runde	3.47	28:18	8:09	2	0:12	10	6:03	10.91	1:21:56	7:30	2	0:33	9	11:33
Runde	3.47	30:42	8:50	2	1:53	9	7:00	14.38	1:52:38	7:49	2	2:26	9	18:33
Runde	3.47	30:10	8:41	1	-	8	7:22	17.85	2:22:48	8:00	2	2:18	9	25:31
Finish	3.47	29:55	8:37	1	-	8	6:36	21.34	2:52:43	8:05	2	0:43	9	32:07