



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Jäger, Nicole

Club: 100 Marathon Club
Number: 83

Course: 21.34 km
Halbmarathon

Category:
Frauen W40

Total time: 2:54:38

Speed: 7.22 km/h
Running performance: 8:11 min/km

Rank in course/Total: 43 (of 44)
Rank in course/Women: 10 (of 10)
Best time in course: 2:20:36

Rank in category: 2(of 2)
Best time in the category: 2:20:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	2:41	5:21	2	0:46	10	0:53	0.50	2:41	5:21	2	0:46	10	0:46
Runde	3.47	24:22	7:01	2	1:57	6	3:58	3.97	27:03	6:48	2	2:43	10	2:43
Runde	3.47	26:00	7:29	2	3:07	8	5:22	7.44	53:03	7:07	2	5:50	10	5:50
Runde	3.47	27:48	8:00	2	4:38	8	5:33	10.91	1:20:51	7:24	2	10:28	10	10:28
Runde	3.47	30:53	8:54	2	7:11	10	7:11	14.38	1:51:44	7:46	2	17:39	10	17:39
Runde	3.47	30:27	8:46	2	7:15	10	7:39	17.85	2:22:11	7:57	2	24:54	10	24:54
Finish	3.47	32:27	9:21	2	9:08	10	9:08	21.34	2:54:38	8:11	2	34:02	10	34:02