



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Förkel, Detlev

Club: LC Auensee Leipzig
Number: 175

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 3:17:26

Speed: 12.76 km/h
Running performance: 4:41 min/km

Rank in course/Total: 9 (of 305)

Rank in course/Men: 9 (of 271)

Best time in course: 3:01:21

Rank in category: 3(of 57)

Best time in the category: 3:07:03

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	0.50	1:14	2:28	4	0:05	16	0:05	0.50	1:14	2:28	38		28		
Runde	3.47	14:40	4:13	3	1:09	15	1:09	3.97	15:54	4:00	38		28		
Runde	3.47	15:20	4:25	4	1:04	16	1:06	7.44	31:14	4:11	36		26		
Runde	3.47	15:48	4:33	5	12:39	17	12:39	10.91	47:02	4:18	36		25		
Runde	3.47	15:46	4:32	3	0:54	13	1:25	14.38	1:02:48	4:22	36		23		
Runde	3.47	15:55	4:35	3	1:07	12	1:30	17.85	1:18:43	4:24	35		22		
Runde	3.47	16:12	4:40	3	1:16	11	1:37	21.32	1:34:55	4:27	35		21	7:47	
Runde	3.47	16:31	4:45	3	1:21	11	1:59	24.79	1:51:26	4:29	35		21	9:23	
Runde	3.47	16:38	4:47	3	0:48	11	2:13	28.26	2:08:04	4:31	30		16	10:47	
Runde	3.47	16:55	4:52	2	0:41	8	1:56	31.73	2:24:59	4:34	30		14	11:28	
Runde	3.47	17:45	5:06	4	1:03	10	2:18	35.20	2:42:44	4:37	29		10	8:34	
Runde	3.47	17:17	4:58	1	-	5	1:25	38.67	3:00:01	4:39	29		9	14:53	
Finish	3.47	17:25	5:01	1	-	8	1:49	42.18	3:17:26	4:40	3	10:23	9	16:05	