



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein Ilsenburg
Number: 292

Course: 42.18 km
Marathon

Category:
Männer M35

Total time: 3:34:03

Speed: 11.77 km/h
Running performance: 5:04 min/km

Rank in course/Total: 19 (of 305)

Rank in course/Men: 19 (of 271)

Best time in course: 3:01:21

Rank in category: 3(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:09	2:17	1	-	1	-	0.50	1:09	2:17	30		8	
Runde	3.47	14:16	4:06	2	0:03	13	0:45	3.97	15:25	3:52	30		38	
Runde	3.47	15:25	4:26	3	0:58	19	1:11	7.44	30:50	4:08	30		36	
Runde	3.47	15:47	4:32	2	0:55	16	12:38	10.91	46:37	4:16	30		35	
Runde	3.47	16:10	4:39	3	1:01	17	1:49	14.38	1:02:47	4:21	30		33	
Runde	3.47	16:26	4:44	2	1:02	16	2:01	17.85	1:19:13	4:26	30		32	
Runde	3.47	16:45	4:49	2	1:08	14	2:10	21.32	1:35:58	4:30	30		31	8:50
Runde	3.47	17:07	4:55	2	1:37	14	2:35	24.79	1:53:05	4:33	30		31	11:02
Runde	3.47	17:47	5:07	3	2:00	18	3:22	28.26	2:10:52	4:37	30		26	13:35
Runde	3.47	18:42	5:23	4	2:59	24	3:43	31.73	2:29:34	4:42	30		24	16:03
Runde	3.47	19:20	5:34	4	3:33	21	3:53	35.20	2:48:54	4:47	30		20	14:44
Runde	3.47	23:06	6:39	10	7:14	74	7:14	38.67	3:12:00	4:57	30		19	26:52
Finish	3.47	22:03	6:21	11	6:27	72	6:27	42.18	3:34:03	5:04	3	28:43	19	32:42