



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Fischer, Markus

Club: Tempo Colonia
Number: 294

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 3:36:04

Speed: 11.71 km/h
Running performance: 5:07 min/km

Rank in course/Total: 21 (of 305)

Rank in course/Men: 21 (of 271)

Best time in course: 3:01:21

Rank in category: 6(of 57)

Best time in the category: 3:07:03

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	0.50	1:16	2:31	5	0:07	20	0:07	0.50	1:16	2:31	36		25		
Runde	3.47	15:15	4:23	5	1:44	26	1:44	3.97	16:31	4:09	41		40		
Runde	3.47	15:30	4:28	5	1:14	21	1:16	7.44	32:01	4:18	39		38		
Runde	3.47	16:09	4:39	6	13:00	22	13:00	10.91	48:10	4:24	39		37		
Runde	3.47	16:41	4:48	5	1:49	23	2:20	14.38	1:04:51	4:30	39		35		
Runde	3.47	17:09	4:56	6	2:21	23	2:44	17.85	1:22:00	4:35	38		34		
Runde	3.47	17:34	5:03	7	2:38	28	2:59	21.32	1:39:34	4:40	38		33	12:26	
Runde	3.47	18:23	5:17	12	3:13	35	3:51	24.79	1:57:57	4:45	38		33	15:54	
Runde	3.47	19:37	5:39	13	3:47	45	5:12	28.26	2:17:34	4:52	33		28	20:17	
Runde	3.47	19:04	5:29	7	2:50	26	4:05	31.73	2:36:38	4:56	33		26	23:07	
Runde	3.47	19:45	5:41	10	3:03	26	4:18	35.20	2:56:23	5:00	32		22	22:13	
Runde	3.47	19:44	5:41	6	2:27	21	3:52	38.67	3:16:07	5:04	32		21	30:59	
Finish	3.47	19:57	5:44	9	2:32	27	4:21	42.18	3:36:04	5:07	6	29:01	21	34:43	