



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Burghardt, Heli

Club: tri24.net
Number: 22

Course: 42.18 km
Marathon

Category:
Männer M40

Total time: 3:38:01

Speed: 11.56 km/h
Running performance: 5:10 min/km

Rank in course/Total: 24 (of 305)

Rank in course/Men: 24 (of 271)

Best time in course: 3:01:21

Rank in category: 4(of 54)

Best time in the category: 3:11:42

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:09	2:17	1	-	1	-	0.50	1:09	2:17	34		8	
Runde	3.47	14:06	4:03	2	0:01	6	0:35	3.97	15:15	3:50	34		43	
Runde	3.47	14:44	4:14	2	0:19	7	0:30	7.44	29:59	4:01	34		41	
Runde	3.47	14:58	4:18	2	0:28	9	11:49	10.91	44:57	4:07	33		40	
Runde	3.47	15:24	4:26	2	1:03	10	1:03	14.38	1:00:21	4:11	31		38	
Runde	3.47	15:43	4:31	2	0:54	9	1:18	17.85	1:16:04	4:15	31		37	
Runde	3.47	17:19	4:59	2	2:19	21	2:44	21.32	1:33:23	4:22	31		36	6:15
Runde	3.47	18:17	5:16	4	2:31	32	3:45	24.79	1:51:40	4:30	31		36	9:37
Runde	3.47	19:24	5:35	7	2:51	40	4:59	28.26	2:11:04	4:38	31		31	13:47
Runde	3.47	20:28	5:53	9	2:58	49	5:29	31.73	2:31:32	4:46	30		29	18:01
Runde	3.47	22:15	6:24	11	4:22	65	6:48	35.20	2:53:47	4:56	30		25	19:37
Runde	3.47	22:34	6:30	10	4:59	62	6:42	38.67	3:16:21	5:04	30		24	31:13
Finish	3.47	21:40	6:14	8	4:44	61	6:04	42.18	3:38:01	5:10	4	26:19	24	36:40