



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Frischmuth, Julius**

Club: Witterda

Number: 116

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:25

Speed: 12.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 118 (of 389)

Rank in course/Men: 94 (of 249)

Best time in course: 11:54

Rank in category: 22(of 60)

Best time in the category: 14:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:18	4:39	19	2:15	77	3:19	2.00	9:18	4:39	47			80	3:18
Leichtathletikhall	2.00	10:07	5:03	28	2:50	131	4:13	4.00	19:25	4:51	22	5:05		94	7:31