



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Turtschan, Simon**

Club: Erfurt

Number: 90

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:09

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 153 (of 389)

Rank in course/Men: 120 (of 249)

Best time in course: 11:54

Rank in category: 30(of 60)

Best time in the category: 14:20

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                     |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde               | 2.00        | 9:25          | 4:42            | 23          | 2:22           | 82          | 3:26          | 2.00          | 9:25          | 4:42            | 50          |                | 87         | 3:25          |
| Leichtathletikhalle | 2.00        | 10:44         | 5:21            | 38          | 3:27           | 160         | 4:50          | 4.00          | 20:09         | 5:02            | 30          | 5:49           | 120        | 8:15          |