



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hätzel, Uwe

Club: Team 1434 Weißensee

Number: 209

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

Senioren M50 (50-59 Jahre)

Total time: 20:12

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 156 (of 389)

Rank in course/Men: 123 (of 249)

Best time in course: 11:54

Rank in category: 9 (of 26)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	10:12	5:05	9	2:49	129	4:13	2.00	10:12	5:05	19		97	4:12
Leichtathletikhalle	2.00	10:00	5:00	9	2:27	120	4:06	4.00	20:12	5:02	9	5:16	123	8:18