



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Dellith, Tilmann

Club: LTV Erfurt

Number: 95

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 14:12

Speed: 16.90 km/h

Running performance: 3:33 min/km

Rank in course/Total: 12 (of 389)

Rank in course/Men: 10 (of 249)

Best time in course: 11:54

Rank in category: 3(of 9)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:03	3:31	3	0:54	13	1:04	2.00	7:03	3:31	3	0:54	11	1:03
Leichtathletikhäl	2.00	7:09	3:34	3	0:30	9	1:15	4.00	14:12	3:32	3	1:24	10	2:18