



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schramm, Maja-Laurien

Club: Wolfberg

Number: 1532

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 20:59

Speed: 11.44 km/h

Running performance: 5:15 min/km

Rank in course/Total: 183 (of 389)

Rank in course/Women: 38 (of 140)

Best time in course: 14:03

Rank in category: 10(of 33)

Best time in the category: 16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	10:21	5:10	10	2:05	35	3:22	2.00	10:21	5:10	27			29	
Leichtathletikhah	2.00	10:38	5:18	10	2:17	46	3:34	4.00	20:59	5:14	10	4:22		38	6:56