



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Shodeen, Hans

Club: Erfurt
Number: 350

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 23:32

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 271 (of 389)

Rank in course/Men: 207 (of 249)

Best time in course: 11:54

Rank in category: 52 (of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:08	5:33	46	4:05	176	5:09	2.00	11:08	5:33	55		112	5:08
Leichtathletikhalle	2.00	12:24	6:12	55	5:07	228	6:30	4.00	23:32	5:53	52	9:12	207	11:38