



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Voß, Anika

Club: Erfurt
Number: 312

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:
Frauen (20-29 Jahre)

Total time: 20:43

Speed: 11.58 km/h
Running performance: 5:11 min/km

Rank in course/Total: 174 (of 389)

Rank in course/Women: 35 (of 140)

Best time in course: 14:03

Rank in category: 9 (of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	10:27	5:13	9	3:28	39	3:28	2.00	10:27	5:13	19			40	
Leichtathletikhalle	2.00	10:16	5:08	10	3:12	37	3:12	4.00	20:43	5:10	9	6:40		35	6:40