



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Günther, Tom

Club: SV Alach

Number: 351

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:24

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 116 (of 389)

Rank in course/Men: 93 (of 249)

Best time in course: 11:54

Rank in category: 21(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:42	4:50	26	2:39	90	3:43	2.00	9:42	4:50	58		120	3:42
Leichtathletikhall	2.00	9:42	4:50	20	2:25	97	3:48	4.00	19:24	4:50	21	5:04	93	7:30