



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Meier, Julius

Club: Erfurt
Number: 376

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:09

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 101 (of 389)

Rank in course/Men: 80 (of 249)

Best time in course: 11:54

Rank in category: 18(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:19	4:39	20	2:16	78	3:20	2.00	9:19	4:39	16		134	3:19
Leichtathletikhäl	2.00	9:50	4:55	21	2:33	104	3:56	4.00	19:09	4:47	18	4:49	80	7:15