



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Horvath, Rolf**

Club: Erfurt  
Number: 397

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Senioren M40 (40-49 Jahre)

Total time: 14:47

Speed: 16.23 km/h

Running performance: 3:42 min/km

Rank in course/Total: 18 (of 389)

Rank in course/Men: 15 (of 249)

Best time in course: 11:54

Rank in category: 2 (of 63)

Best time in the category: 14:23

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |      |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |      |
| Runde             | 2.00        | 7:16          | 3:38            | 3           | 0:15           | 17          | 1:17          | 2.00          | 7:16          | 3:38            | 35          |                |            | 16            | 1:16 |
| Leichtathletikhah | 2.00        | 7:31          | 3:45            | 2           | 0:09           | 14          | 1:37          | 4.00          | 14:47         | 3:41            | 2           | 0:24           |            | 15            | 2:53 |