



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Hitzner, Simone**

Club: ASV Erfurt

Number: 1719

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 23:49

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course/Total: 279 (of 389)

Rank in course/Women: 67 (of 140)

Best time in course: 14:03

Rank in category: 19(of 39)

Best time in the category: 15:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:56	5:58	20	4:15	71	4:57	2.00	11:56	5:58	31		64	0:29
Leichtathletikhalle	2.00	11:53	5:56	20	3:55	79	4:49	4.00	23:49	5:57	19	8:10	67	9:46