



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Dimitrovici, Anika

Club: Erfurt
Number: 189

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:
Frauen (20-29 Jahre)

Total time: 22:47

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 247 (of 389)

Rank in course/Women: 55 (of 140)

Best time in course: 14:03

Rank in category: 13 (of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:31	5:45	13	4:32	60	4:32	2.00	11:31	5:45	15		65	0:04
Leichtathletikhalle	2.00	11:16	5:38	13	4:12	55	4:12	4.00	22:47	5:41	13	8:44	55	8:44