



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Huth, Susanne

Club: Erfurt

Number: 92

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 23:21

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 265 (of 389)

Rank in course/Women: 62 (of 140)

Best time in course: 14:03

Rank in category: 16 (of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:46	5:53	17	4:05	66	4:47	2.00	11:46	5:53	32		67	0:19
Leichtathletikhalle	2.00	11:35	5:47	16	3:37	68	4:31	4.00	23:21	5:50	16	7:42	62	9:18