



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

König, Nicolas

Club: Quasti

Number: 127

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 23:24

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 269 (of 389)

Rank in course/Men: 205 (of 249)

Best time in course: 11:54

Rank in category: 50(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:23	6:11	54	5:20	221	6:24	2.00	12:23	6:11	9		169	6:23
Leichtathletikhalle	2.00	11:01	5:30	43	3:44	182	5:07	4.00	23:24	5:50	50	9:04	205	11:30