



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

Wohlfahrt, Dr. Kai

Club: Leipzig

Number: 1545

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 25:37

Speed: 9.37 km/h

Running performance: 6:24 min/km

Rank in course/Total: 337 (of 389)

Rank in course/Men: 238 (of 249)

Best time in course: 11:54

Rank in category: 62(of 63)

Best time in the category: 14:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:13	6:06	56	5:12	215	6:14	2.00	12:13	6:06	13	2:27	180	6:13
Leichtathletikhäl	2.00	13:24	6:42	62	6:02	240	7:30	4.00	25:37	6:24	62	11:14	238	13:43